

PERSONAL INFORMATION

Business Address: DOCS Health 8436 W 3rd St #800, Los Angeles, CA 90048

Business Phone: (310) 746-5918

Sex: Male

Citizen, United States of America

EMPLOYMENT

DOCS Health, 4/1/2026- current

8436 W 3rd St #800, Los Angeles, CA 90048

Kaiser Permanente Southern California, 9/4/2001 – 3/31/2026

1011 Baldwin Park Blv., Baldwin Park, CA 91706

EDUCATION

Kerlan-Jobe Orthopaedic Clinic, Los Angeles, CA

Sports Medicine Fellowship, August 1, 2000 – July 31, 2001

Los Angeles County/University of Southern California Medical Center,

Orthopaedic Surgery Residency, July 1, 1996 - June 30, 2000

Los Angeles County/University of Southern California Medical Center,

General Surgical Internship, June 24, 1995 - June 24, 1996

University of Southern California School of Medicine, Los Angeles, CA

Doctor of Medicine, May 1995; **Alpha Omega Alpha**

Mount Sinai School of Medicine, New York, NY, 1991-1993

University of California at Los Angeles, Los Angeles, CA, 1986-1991

Bachelor of Sciences

Major: Kinesiology with Departmental Honors

Harvard Summer School, Cambridge, MA, 1985

Flintridge Preparatory High School, La Cañada, CA, 1982-1986

Diploma awarded on June 1986

BOARD CERTIFICATION

Diplomate, American Board of Orthopaedic Surgery, 7/11/2003

Recertified - expires 2033

Subspecialty Certification in Orthopaedic Sports Medicine, 2/2008

Recertified - expires 2033

LICENSES

California Medical License

Nevada Medical License

Oregon Medical License

Fluoroscopy

DEA (CA and NV)

TEACHING RESPONSIBILITIES

1. Clinical Professor of Orthopaedic Surgery, USC, 2009-current
2. Director of Orthopaedic Resident Education, Kaiser Permanente 2003-current
3. Clinical Associate Professor of Orthopaedic Surgery, USC, 2003-2009
4. Clinical Faculty, Sports Medicine Fellowship, Kaiser West LA 2003-2013
5. Clinical Assistant Professor of Orthopaedic Surgery, USC, 2002-2003
6. Clinical Instructor of Orthopaedic Surgery, USC School of Medicine, 2001

HONORS & AWARDS

1. Gary G. Poehling Award Finalist, ISAKOS, Boston, June 18, 2023
2. ESSKA-ON Orthoregeneration Award Finalist. ESSKA, Milan 2020
3. Neer Award Finalist, ASES Annual Meeting New York, NY, 2019
4. Best Poster Award, AAOS Las Vegas, NV, 2019
5. Richard Caspari Award Finalist- ISAKOS, Cancun, Mexico, June 2019
6. Neer Award Finalist, ASES Annual Meeting, New Orleans, October 2018
7. Gary Poehling Award Finalist- ISAKOS, Shanghai, China June 2017
8. Richard Caspari Award Finalist- ISAKOS, Lyon, France, June 2015
9. AOSSM Traveling Fellowship. South America, 2014
10. America's Top Doctors, U.S. News and World Report, 2010-2023
11. Achievement Award, American Academy of Orthopaedic Surgeons, 2011
12. Volunteer Faculty Teaching Award, USC Department of Orthopaedics, 2006
13. AAOS Leadership Fellows Program, 2005-2006
14. Medscape/Zimmer Trauma Research Award, 2001
15. Herman Epstein Award for Clinical Excellence, USC Orthopaedic Surgery, 2000
16. Orthopaedic Research Society NIRA Award finalist, Orlando, FL, 2000
17. Wyeth-Ayerst ,Orthopaedic Resident Reporter Program, AAOS, 2000
18. Administrative Chief Resident, USC Department of Orthopaedic Surgery, 1999
19. AOA-Zimmer Travel Award, American Orthopaedic Association, 1999
20. Edwin R. Guise, Jr., Memorial Best Junior Paper Award, 1999
21. Vernon P. Thompson Award, Western Orthopaedic Association, 1999
22. DePuy Orthopaedic Research Award, California Orthopaedic Association, 1999
23. Wyeth-Ayerst,Orthopaedic Resident Reporter Program, AAOS, 1999
24. Marshall J. Schiff Award, USC Department of Orthopaedic Surgery, 1998
25. Frank W. Jobe Award, USC Department of Orthopaedic Surgery, 1997
26. **Alpha Omega Alpha** National Honor Society, USC School of Medicine, 1995
27. Dean's Scholar, USC School of Medicine, 1995
28. Williams and Wilkins Outstanding Medical Student Award, 1993
29. UCLA President's Medal of Honor, 1990
30. Departmental Honors in Kinesiology, UCLA, 1990
31. UCLA Dean's Honor List, 1990
32. French Honor Society, 1986
33. National Honor Society, inducted 1985

BOOK EDITOR

1. Surgical Techniques in Sports Medicine. Neal ElAttrache, Chris Harner, **Raffy Mirzayan**, John Sekia, eds., Lippincott Williams and Wilkins, 2007
2. Cartilage Injury in the Athlete. **Raffy Mirzayan**, ed. Thieme Publishers, Inc., 2006
3. Shoulder and Elbow Trauma. **Raffy Mirzayan** and John M. Itamura, eds. Thieme Publishers, Inc., 2004
4. Fast Facts in Orthopaedic Surgery. Joseph Abboud and **Raffy Mirzayan**, eds. Lippincott Williams & Wilkins, 2002

COURSE DIRECTOR and MODERATOR

1. Moderator, ICSES, Vancouver, Canada, 2026
2. Co-Founder and Co-Director, Shoulder360, Miami, FL April 3-5, 2025
3. Moderator, Instructional Course Lecture, AAOS, San Diego, CA, March 12, 2025
4. Co-Founder and Co-Director, Shoulder360, Miami, FL May 3-5, 2024
5. Moderator, Instructional Course Lecture, AAOS, San Francisco, CA, February 14, 2024
6. Co-Founder and Co-Director, Shoulder360, Miami, FL April 13-15, 2023
7. Moderator, Instructional Course Lecture, AAOS, Las Vegas, NV, March 9, 2023
8. Moderator, Instructional Course Lecture, AOSSM, Colorado Springs, CO July 16, 2022
9. Moderator, Instructional Course Lecture, AAOS, Chicago, IL March 25, 2022
10. Co-Founder and Co-Director, Shoulder360, Miami, FL April 28-30, 2022
11. Co-Chairman, ICJR Shoulder Course, Webinar; Oct 14, 21, 28 Nov 4, 2020
12. Co-Chairman, ICJR Shoulder Course, Las Vegas, NV; Nov 14-16, 2019
13. Moderator, Instructional Course Lecture, AOSSM, Boston, MA July 11, 2019
14. Co-Chairman, ICJR Shoulder Course, Las Vegas, NV; Nov 8-10, 2018
15. Co-Director, ICJR Shoulder Course, Las Vegas, NV; Nov 2-4, 2017
16. Co-Director, Innovative Techniques, The Knee, Las Vegas, Oct 19-21, 2017
17. Co-Director, Southern California Fellows Shoulder Course, April 22, 2017
18. Co-Director, ICJR Shoulder Course, Las Vegas, NV; Nov 3-5, 2016
19. Co-Director, Innovative Techniques, The Knee, Las Vegas, Oct 21-24, 2016
20. Advanced Concepts[®] in Sports Medicine, Las Vegas, NV (Founder and Director) 2007-2009, 2014- 2017
21. West Coast Fellows Shoulder Course, Irvine CA 2013-current
22. Management of Cartilage Injury in the Athlete, Las Vegas, NV, 2005 and 2006
23. USC/SOGOS Specialty Day – The Knee. Manhattan Beach, CA, May 7, 2005
24. USC/SOGOS Specialty Day –The Shoulder. Pasadena, CA June 19, 2004

JOURNAL REVIEWER

1. Journal of Shoulder and Elbow Surgery, 2014-current
2. Medscape Orthopaedics Editorial Board, 2008 - 2012
3. Orthopaedic Knowledge Online, AAOS, 2007 - 2011
4. American Journal Sports Medicine, 2004- current
5. Medicine & Science in Sports & Exercise, 2004 - current

VIDEOS

1. Arthroscopic Rotator Cuff Repair. **Raffy Mirzayan** and James E. Tibone. Kerlan-Jobe Orthopaedic Clinic, 2001.
2. Distal Biceps Tendon Reconstruction with Tibialis Allograft for Chronic Tears. **Raffy Mirzayan, MD**, March 2017, Orthopaedic Video Theater, AAOS Website

SOCIETY MEMBERSHIPS

1. American Shoulder and Elbow Surgeons, Active
2. American Academy of Orthopaedic Surgeons, Fellow- Active
3. American Orthopaedic Society of Sports Medicine, Active
4. Arthroscopy Association of North America, Fellow- Active
5. International Society of Arthroscopy, Knee Surgery, and Orthopaedic Sports Medicine (ISAKOS), Active
6. Metrics of Osteochondral Allografts (MOCA), Active

EVENT COVERAGE

1. Tournament Orthopaedic Surgeon, WTA Women's Pro Championships
2. Staples Arena, Los Angeles, CA November, 2002
3. Tournament Orthopaedic Surgeon, Sanex WTA Women's Pro Tour Classic
4. Manhattan Beach, CA 8/-8/, 2002
5. Volunteer Orthopaedic Surgeon, Long Beach Marathon
6. Long Beach, CA 11/2001
7. Tournament Orthopaedic Surgeon, Sanex WTA Women's Pro Tour Classic
8. Manhattan Beach, CA 8/3-8/9, 2001
9. Assistant Team Physician of Los Angeles Lakers, Dodgers, Angels, Sparks, Galaxy, Avengers, Stars, Xtreme, 2000-2001
10. Tournament Orthopaedic Surgeon, AVP Professional Beach Volleyball Tour
11. Manhattan Beach, CA 8/2000

GRANTS

1. Arthrex, \$65,000
2. BioD, LLC, \$5,000
3. Joint Restoration Foundation, \$7,500
4. National Orthopaedic Surgery Fellows Foundation- \$5,000 - 2000
Glenohumeral translation following open versus arthroscopic Bankart repair using a novel shoulder dislocation model.
5. Biomet Grant- \$33,000 - 1998
6. Reconstruction nail versus standard intramedullary nail in treatment of subtrochanteric femur fractures. A biomechanical study.
7. Johnson & Johnson Orthopaedics Educational Grant - \$1,000 - 1998
8. AO North America Resident Research Grant - \$5,000 - 1997
9. The effect of gunshot wounds to the upper extremity on society
10. National Institutes of Health Fellowship Grants- \$2,500 each -1992 and 1993

PROFESSIONAL & COMMUNITY SERVICE

1. Member, Scientific Committee, International Congress Shoulder Elbow, 2026
2. Member, ASES Innovation and Strategic Planning Committee, 2022-2024
3. Member, ISAKOS Shoulder Committee, 2021-2025
4. Member, ASES Education Committee, 2020-2022
5. Member, ASES Abstract Review Panel, 2020
6. Member, AANA Education Committee, 2019-2021
7. Member, ASES Annual Meeting Program Committee, 2018
8. Member, Upper Extremity Committee, ISAKOS, 2009-2013
9. Member, Learning Center Committee, AANA, 2008-2011
10. Member, Education Committee, AANA, 2007-2010
11. President, Los Angeles Chapter of Western Orthopaedic Association, 2010
12. President-Elect, Los Angeles Chapter of Western Orthopaedic Association, 2009
13. Vice President, Los Angeles Chapter of Western Orthopaedic Association, 2008
14. Treasurer, Los Angeles Chapter of Western Orthopaedic Association, 2007
15. Program Chair, Los Angeles Chapter of Western Orthopaedic Association, 2006
16. Member, Bylaws Committee, Arthroscopy Association of North America, 2006
17. Member, AOSSM-OKO Committee, 2005-2009
18. Member, Credentialing & Privileges Committee, Kaiser Permanente, 2005-2007
19. Member, AAOS Subcommittee on Self Assessment, Sports Medicine, 2005-2008
20. Board Member, Southern California Graduate Orthopaedic Society, 2004–current
21. President, Southern California Graduate Orthopaedic Society, 2003 – 2004
22. Treasurer, Southern California Graduate Orthopaedic Society, 2002 – 2003
23. Secretary, Southern California Graduate Orthopaedic Society, 2001 – 2002
24. Member, Admissions Committee, USC Keck School of Medicine, 2001-2004
25. Co-President, Alpha Omega Alpha Gamma Chapter, USC School of Med., 1995
26. Dean's Student Promotions Committee, Mount Sinai School of Med., 1991-1993
27. Student Council, Mount Sinai School of Medicine, 1991-1993
28. Chairman, Elections Committee, Mount Sinai School of Medicine, 1991-1993
29. Co-Founder and Director, UCLA Armenian Tutorial Project, 1989-1990

OTHER AWARDS

1. America's Top Doctors 2009-2016
2. Castle Connolly 2016-2026
3. Modern Luxury Los Angeles 2022-2024

LECTURE/PODIUM PRESENTATIONS (CME Approved Courses)

1. Distal Biceps repair- Avoiding Tiger Country, CCSES, Las Vegas, NV 12/11/25
2. When I add a Remplissage in Shoulder Instability surgery. Medford, OR 9/23/25
3. Biologic Tuberoplasty, Pinnacle Shoulder Course. Medford, OR 9/23-25/25
4. Rotator Cuff Repair Augmentation Strategies. OC Shoulder, 9/13/25
5. Biologic Tuberoplasty Technique- AOSSM Nashville, TN 7/12/25
6. Management of Cartilage Injuries of the Shoulder: When is an osteochondral transplantation indicated. Berlin International Shoulder Course. April 24-26, 2025
7. Massive Rotator Cuff tear -I prefer arthroscopic biologic tuberoplasty. Berlin International Shoulder Course. April 24-26, 2025
8. Chronic Subscapularis Insufficiency: Anterior capsular reconstruction. Berlin International Shoulder Course. April 24-26, 2025
9. Biologic Tuberoplasty and Bursal Acromial Reconstruction. Southern California Fellows Course, Irvine, CA 4/12/25
10. Biologic Tuberoplasty. Shoulder360. Miami, FL April 3-5, 2025
11. Biologic Tuberoplasty in Massive Rotator Cuff Tears. Critical Concepts in Shoulder and Elbow Surgery. San Diego, CA, 3/12/25
12. Rotator Cuff Repair with Dermal Allograft Augmentation. Critical Concepts in Shoulder and Elbow Surgery. Las Vegas, NV, 11/14/24
13. Biologic Tuberoplasty in Massive Rotator Cuff Tears. Critical Concepts in Shoulder and Elbow Surgery. Las Vegas, NV, 11/15/24
14. Double suspensory UCL Reconstruction in the Elbow. OSET Meeting, Las Vegas, NV 9/14/24
15. Rotator Cuff Repair with Dermal Allograft Augmentation. OSET Meeting, Las Vegas, NV 9/15/24
16. Biologic Tuberoplasty in Massive Rotator Cuff Tears. OSET Meeting, Las Vegas, NV 9/15/24
17. Biologic Tuberoplasty. Shoulder360. Miami FL May3-5, 2024
18. Dermal Allograft Augmentation of Rotator Cuff Repair. Shoulder360. Miami FL May3-5, 2024
19. Biologic Tuberoplasty. Southern California Fellows Course, Irvine, CA 4/13/24
20. Latarjet- Technical Aspects to Avoid Complications. Critical Concepts in Shoulder and Elbow Surgery. Las Vegas, NV, 11/9-11/2023
21. Don't Let a Bad AC Joint go Unfixed! Critical Concepts in Shoulder and Elbow Surgery. Las Vegas, NV, 11/9-11/2023
22. My Algorithm for Anterior Shoulder Instability: When to Operate and What to Do. Las Vegas, NV, 11/9-11/2023
23. Open Bone Graft: DTA Versus Iliac Crest Autograft. Las Vegas, NV, 11/9-11/2023
24. Dermal Allograft Augmentation of Rotator Cuff Repairs. OSET Meeting, Boston, MA, 9/21/23
25. Radial Head Arthroplasty. Avoiding Over-Stuffing with Length and Diameter, OSET Meeting, Boston, MA, 9/21/23
26. Osteochondral Allograft Transplantation of the Capitellum. OSET Meeting, Boston, MA, 9/21/23

27. Why I ignore Glenoid Track and do Remplissage. Pinnacle Shoulder Course, Medford, OR, 9/13-15/2023
28. Biologic Tuberoplasty for Treatment of Massive Rotator Cuff Tears. Pinnacle Shoulder Course, Medford, OR, 9/13-15/2023
29. Complex Rotator Cuff Repair Cases. Pinnacle Shoulder Course, Medford, OR, 9/13-15/2023
30. Biologic Tuberoplasty for Treatment of Massive Rotator Cuff Tears. Dale Daniel Orthopaedic Symposium. Newport Beach, CA 6/24/23
31. Biologic Tuberoplasty for Treatment of Massive Rotator Cuff Tears. ISAKOS. Boston, MA 6/19/23
32. Biologic Tuberoplasty for Treatment of Massive Rotator Cuff Tears. Kerlan_Jobe Orthopaedic Clinic grand Rounds, Los Angeles, CA 5/11/23
33. Biologic Tuberoplasty- A Permanent Balloon? Shoulder360 Course, Miami, FL 4/14/23
34. Chronic Long Head Biceps Reconstruction. Shoulder360 Course, Miami, FL 4/13/23
35. Biologic Tuberoplasty for Massive Rotator Cuff Tears. Miami Orthopaedics Society. Miami, FL, 4/12/23
36. Biologic Tuberoplasty for Massive Rotator Cuff Tears. Andrews Institute Grand Rounds, Pensacola, FL, 3/27/23
37. Bipolar Osteochondral Allograft Transplantation of Patella and Trochlea. Andrews Institute Grand Rounds, Pensacola, FL, 3/27/23
38. Osteochondral Allograft Transplantation of the OCD of Capitellum. Andrews Institute Grand Rounds, Pensacola, FL, 3/27/23
39. Biologic Tuberoplasty. Southern California Fellows Course, Irvine, CA 3/25/23
40. Latarjet in a Patient with Shoulder Instability. MAYO Shoulder and Elbow Course, Scottsdale, AZ, 2/2/23
41. The Irreparable Tear: Resurfacing Options for Quick Recovery. MAYO Shoulder and Elbow Course, Scottsdale, AZ, 2/2/23
42. Arthroscopic Cuff Repair: The 5 Technical Features. ASES Residents Course, Rosemont, IL, November 10, 2022
43. Open Latarjet - Data Driven and Time Tested. Critical Concepts in Shoulder and Elbow Surgery, Las Vegas, NV October 13, 2022
44. Elbow Arthroscopy- Teach Me How to Do It. Critical Concepts in Shoulder and Elbow Surgery, Las Vegas, NV October 13, 2022
45. Debate: 1 vs 2 Incision Distal Biceps Repair. Critical Concepts in Shoulder and Elbow Surgery, Las Vegas, NV October 13, 2022
46. How I do a 1 Incision Distal Biceps- Critical Concepts in Shoulder and Elbow Surgery, Las Vegas, NV October 13, 2022
47. Chronic Distal Biceps Reconstruction, Orthopedic Summit, Boston, 9/23/22
48. Triceps Repair Made Simple With Bad Tissue. Orthopedic Summit, Boston, 9/23/22
49. Medial Epicondyle Avulsion: Acute Repair & Chronic Reconstruction: Indications & Surgical Techniques. Orthopedic Summit, Boston, 9/23/22
50. Emerging Treatments for Massive Rotator Cuff Tears, Instructional Course Lecture AOSSM, July 15, 2022
51. Osteochondral Allograft Transplantation in the Shoulder, ISAKOS June 23, 2022
52. PRP/BMAC in Rotator Cuff Repair, San Diego Shoulder Course, June 15-18, 2022
53. Biologic Tuberoplasty. Southern California Fellows Course. May 6, 2022
54. Biologic Tuberoplasty. Shoulder360, Miami, FL, April 28-30, 2022

55. Superior Capsule Reconstruction with 6 mm Dermal Allograft. Shoulder360, Miami, FL, April 28-30,2022
56. Emerging Treatments for Massive Rotator Cuff Tears, Instructional Course Lecture AAOS, March 25, 2022
57. Ulnar Nerve Transposition with Amnion. Orthopedic Summit, Las Vegas, 12/11/21
58. Complications of Acute Distal Biceps Repair. Orthopedic Summit, Las Vegas, 12/11/21
59. Operative Management of First Time Dislocator. Orthopedic Summit, Las Vegas, 12/11/21
60. Radial Tunnel Release. Orthopedic Summit, Las Vegas, 12/11/21
61. Superior Capsule Reconstruction. They Do Well Even if it Doesn't Heal. Orthopedic Summit, Las Vegas, 12/11/21
62. Elbow Arthroscopy. ASES Resident Course. Rosemont, IL November 21, 2021.
63. Biologic Tuberooplasty and Bursal Acromial Resurfacing. ICJR Shoulder Course. Oct 21, 2020. Los Angeles, CA
64. Biologic Augmentation of Rotator Cuff Repair. Riverside University Health Systems Grand Rounds, 10/19/2020 Riverside, CA
65. Bipolar Osteochondral Allograft Transplantation of the Patella and Trochlea. Kerlan Jobe Orthopaedic Clinic Grand Rounds 10/7/2020, Los Angeles CA
66. Elbow Arthroscopy. ASES Resident Course. Rosemont, IL November 22, 2019.
67. Biologic Augmentation of Rotator Cuff Repair. ICJR Shoulder Course. Las Vegas 11/14/19
68. Pectoralis Major Repair with Augmentation. ICJR Shoulder Course. Las Vegas 11/14/19
69. Biologic Augmentation of Rotator Cuff Repair, Do they Enhance the Repair? Cherry Blossom Seminar, Washington DC, March 2019
70. Bipolar Osteochondral Allograft Transplantation of the Patella and Trochlea. Cherry Blossom Seminar, Washington DC, March 2019
71. Treatment Options for Cartilage Defects in the Shoulder. Cherry Blossom Seminar, Washington DC, March 2019
72. Surgical Repair of Distal Biceps Ruptures. Instructional Course Lecture AAOS Annual Meeting Las Vegas, NV, March 15, 2019
73. Surgical Repair of Triceps Ruptures. Instructional Course Lecture AAOS Annual Meeting Las Vegas, NV, March 15, 2019
74. Osteochondritis Dissecans of the Capitellum. Instructional Course Lecture AAOS Annual Meeting Las Vegas, NV, March 15, 2019
75. Pro: Radial Tunnel Is Real & You Are Missing It: I Release It Routinely. Orthopaedic Summit Evolving Techniques, Las Vegas NV, 2018
76. Evolving Technique: The Distal Biceps: What I Have Learned And Avoiding Complications in 784 Repairs. OSET, Las Vegas NV, 2018
77. Pro: Ulnar Nerve Transposition with Dehydrated Amniotic Membrane OSET, Las Vegas NV, 2018
78. Superior Capsule Reconstruction- Is It Just A Biologic Tuberooplasty? ICJR Shoulder Course, Las Vegas, NV November 2018
79. Arthroscopic Posterior Labral repair. ICJR Shoulder Course, Las Vegas, NV November 2018
80. Augmentation of Rotator Cuff Repair- Allograft. ICJR Shoulder Course, Las Vegas, NV November 2018

81. Surgical Repair of Distal Biceps Ruptures. Instructional Course Lecture AAOS Annual Meeting New Orleans, LA, March 7, 2018
82. Surgical Repair of Triceps Ruptures. Instructional Course Lecture AAOS Annual Meeting New Orleans, LA, March 7, 2018
83. Osteochondritis Dissecans of the Capitellum. Instructional Course Lecture AAOS Annual Meeting New Orleans, LA, March 7, 2018
84. Soft Tissue Elbow Injuries – Surgical Management of Distal Biceps and Triceps Tears. Loma Linda University Annual Orthopedic Conference, March 4, 2018.
85. Rotator Cuff Repairs – Superior Capsule Reconstruction for Massive Tears and Biologic Augmentation of Rotator Cuff Repairs. Loma Linda University Annual Orthopedic Conference, March 4, 2018
86. Biologic Augmentation of Cuff Repairs in 2017. ICJR 6th Annual Shoulder Course. Las Vegas November 2-4, 2017
87. First-Time Dislocator: Surgery or Rehabilitation? ICJR 6th Annual Shoulder Course. Las Vegas November 2-4, 2017
88. Management of Failed Instability Repair. ICJR 6th Annual Shoulder Course. Las Vegas November 2-4, 2017
89. Treating Large Hill-Sachs Lesions: Soft Tissue Or Bone. ICJR 6th Annual Shoulder Course. Las Vegas November 2-4, 2017
90. Novel Biologic Solutions for Rotator Cuff Disease. Innovative Techniques Course. Las Vegas October 20, 2017
91. Amnion- Clinical Update. Innovative Techniques Course. Las Vegas October 20, 2017
92. Surgical Repair of Distal Biceps Ruptures. Instructional Course Lecture AAOS Annual Meeting San Diego, CA March 14, 2017
93. Surgical Repair of Triceps Ruptures. Instructional Course Lecture AAOS Annual Meeting San Diego, CA March 14, 2017
94. Osteochondritis Dissecans of the Capitellum. Instructional Course Lecture AAOS Annual Meeting San Diego, CA March 14, 2017
95. Lateral and Medial Collateral Ligament Injuries. Instructional Course Lecture AAOS Annual Meeting San Diego, CA March 14, 2017
96. Chronic Medial Epicondyle Avulsion in Adolescents. Instructional Course Lecture AAOS Annual Meeting San Diego, CA March 14, 2017
97. Surgical Repair of Distal Biceps Ruptures. Dale Daniel Kaiser Meeting. Huntington Beach, CA February 11, 2017
98. Elbow Arthroscopy. The Basics. ASES Resident Course: Essentials of Shoulder and Elbow Surgery for Residents. Rosemont, IL January 27, 2017.
99. Biocartilage use in the Knee. Orthopaedic Technologies and Innovation Forum, Bonita Springs, FL January 23, 2017
100. Ulnar Nerve Transposition with Amnion. Orthopaedic Technologies and Innovation Forum, Bonita Springs, FL January 22, 2017
101. Augmenting Cuff Repairs With Biologics in 2016. ICJR 5th Annual Shoulder Course. Las Vegas November 3-5, 2016
102. First-Time Dislocator: Surgery or Rehabilitation? ICJR 5th Annual Shoulder Course. Las Vegas November 3-5, 2016
103. Management of Failed Instability Repair. ICJR 5th Annual Shoulder Course. Las Vegas November 3-5, 2016

104. Treating Large Hill-Sachs Lesions: Soft Tissue Or Bone. ICJR 5th Annual Shoulder Course. Las Vegas November 3-5, 2016
105. Amnion- What We Know. Innovative Techniques, The Knee Course. Las Vegas October 24, 2016
106. Surgical Treatment Options for Chondral Injuries of the Knee. Mammoth Sports Course. Mammoth, CA August 27, 2016
107. Osteochondral Allograft Transplantation of the Shoulder and Elbow. Mammoth Sports Course. Mammoth, CA August 27, 2016
108. Osteochondral Allograft Transplantation of the Patello-Trochlear Joint. International Sports Medicine Fellows Conference. Carlsbad Jan 24, 2016
109. Arthroscopic Augmentation of Rotator Cuff Repairs with BioWasher. Orthopaedic Summit Emerging Techniques. Las Vegas, NV Dec 4, 2015
110. BioCartilage Transplantation with CO2 Insufflation of the Knee. Advanced Concepts in Sports Medicine. Las Vegas, NV Nov 7, 2015
111. Osteochondral Allograft Transplantation of the Patello-Trochlear Joint. Advanced Concepts in Sports Medicine. Las Vegas, NV Nov 7, 2015
112. Surgical Treatment of Rotator Cuff Tears. Western Orthopaedic Association Los Angeles Chapter. Los Angeles, CA October 19, 2015.
113. Osteochondral Allograft Transplantation of the Patello-Trochlear Joint. Congress Medical Foundation Fellowship Program, Pasadena, CA October 15, 2015
114. BioCartilage Transplantation for Chondral Defects. Innovative Techniques. The Knee Course. Las Vegas, NV September 18, 2015
115. Osteochondral Allograft Transplantation of the knee, shoulder, and elbow. Dale Daniel Kaiser meeting, Carlsbad, CA 3/7/15
116. Ulnar Collateral Ligament Injuries in Throwers, ACSM, December 2, 2011
117. Classification of Acromioclavicular Joint Separation. Closed Meeting ISAKOS Upper Extremity Committee. Copenhagen, June 6-8, 2010
118. Elbow Injuries in the Overhead Athlete. DMC Grand Rounds, Detroit, MI. 6/10
119. Cartilage Injuries in the Athlete. DMC Grand Rounds, Detroit, MI June 2010
120. Acromioclavicular Joint Anatomy, Function, and Reconstruction. USC Grand Rounds, Los Angeles, CA December 11, 2009
121. Cartilage Injuries. Reparative options. Kaiser JOJ Annual Meeting. San Francisco, November 13, 2009
122. Cartilage Injuries. Restorative Options. Kaiser JOJ Annual Meeting. San Francisco, November 13, 2009
123. Acromioclavicular Joint Anatomy and Reconstruction. AOA, Boston, October 9, 2009
124. Double Row Rotator Cuff Repair. Is it worth the time and expense? AOA, Boston, October 9, 2009
125. Meniscus Tears: What to do, What not to do, and why? AANA ICL April 2009
126. Elbow Injuries in the Overhead Athlete. Kaiser Permanente Dale Daniel Annual meeting January 2009
127. Elbow Injuries in the Overhead Athlete. Kaiser Permanente Sports Fellowship Program, 3/19/08.
128. Shoulder Injuries in the Workplace. Kaiser Permanente Occupational Medicine Symposium, Pasadena, CA, 2008

129. Lesions of the Long Head of the Biceps Tendon, AAOS/ASES Open and Arthroscopic Techniques in Shoulder Surgery, Orthopaedic Learning Center, Chicago, IL 1/18/08-1/19/08
130. Lesions of the Long Head of the Biceps Tendon, USC Grand Rounds, 12/07/07
131. Elbow Injuries in the Overhead Athlete. Congreso Chileno de Medicina del Deporte, Santiago, Chile, July 27, 2007.
132. Arthroscopic Management of Arthritic and Stiff Elbow. Congreso Chileno de Medicina del Deporte, Santiago, Chile, July 27, 2007.
133. Elbow Injuries in the Overhead Athlete. Southern California Sports Medicine Fellowships Conference 3/17/07
134. Arthroscopic Management of Arthritic and Stiff Elbow. USC Grand Rounds 12/8/06
135. Arthroscopic Management of Arthritic and Stiff Elbow. Congress Medical Foundation. Pasadena, CA 11/16/06
136. Update on Microfracture, OATS, and ACI. NPOS, Stevenson, WA, 9/15-17, 2006
137. SLAP tears, Diagnosis and Treatment. NPOS, Stevenson, WA, 9/15-17, 2006
138. Elbow Injuries in the Overhead Athlete, USC Grand Rounds, Oct 21, 2005
139. Elbow Injuries in the Overhead Athlete, Havana, Cuba, September 21, 2005
140. Ulnar Collateral Ligament Injuries in the Overhead Athlete, Harbor-UCLA meeting, June 5, 2004
141. Shoulder Injuries in the Workplace. Kaiser Permanente Occupational Medicine Symposium, Anaheim, CA, 2003
142. Shoulder Injuries in the Workplace. Kaiser Permanente Occupational Medicine Symposium, Newport Beach, CA, 2002
143. The Surgical Management of Common Shoulder Disorders. National Athletic Trainers' Association. Los Angeles CA, June 20, 2001.

COURSE FACULTY

1. International Congress of Shoulder and Elbow Surgeons, Vancouver, Canada, 2026
2. Shoulder360, Miami, FL, April 23-25, 2026
3. Critical Concepts Shoulder and Elbow Surgery, Las Vegas, December 11-13, 2025
4. Pinnacle Shoulder Course, Bend OR, September 25-27, 2025
5. OSET Meeting, Las Vegas, NV, September 19-21/25
6. Orange County Shoulder Course, Newport Beach, CA September 13, 2025
7. Berlin Shoulder Course, Berlin, Germany, April 24-26, 2025
8. Southern California Fellows Shoulder Course, Santa Ana, CA, April 11-12, 2025
9. Shoulder360, Miami, FL, April 3-5, 2025
10. Critical Concepts Shoulder and Elbow Surgery, Las Vegas, November 14-16, 2024
11. OSET Meeting, Las Vegas, NV, September 13-16, 2024
12. Shoulder360, Miami, FL, May 3-5, 2024
13. Southern California Fellows Shoulder Course, Santa Ana, CA, April 12-13, 2024
14. Critical Concepts Shoulder and Elbow Surgery, Las Vegas, NV November 9-11, 2023
15. OSET Meeting, Boston, MA September 21, 2023
16. Pinnacle Shoulder Meeting, Bend, OR September 13-15, 2023
17. AOSSM Annual Meeting, Washington DC, July 13-18, 2023
18. Dale Daniel Meeting, Orange County, CA June 24, 2023
19. ISAKOS Bi-Annual Meeting. Boston, MA June 18-21, 2023
20. Kerlan-Jobe Orthopaedic Clinic Grand Rounds, Los Angeles, CA May 11, 2023
21. Arthroscopy Association North America, Invited faculty, May 4-5, 2023
22. Shoulder 360, Miami, FL, April 13-15, 2023
23. Andrews Institute Grand Rounds, Pensacola, FL March 27, 2023
24. Southern California Fellows Shoulder Course, Irvine, CA, March 24-25, 2023
25. MAYO Shoulder and Elbow Course, Scottsdale AZ Feb 2-4, 2023
26. ASES Resident Course: Essentials of Shoulder and Elbow Surgery for Residents.
Rosemont, IL, November 10-11, 2022.
27. Critical Concepts in Shoulder and Elbow Surgery, Las Vegas, NV October 13, 2022
28. ASES Annual Meeting, Atlanta, GA, October 6-9, 2022
29. Orthopaedic Summit Evolving Techniques, Boston, MA September 2022
30. AOSSM Annual Meeting, Colorado Springs, CO, July 15-16, 2022
31. ISAKOS Shoulder Meeting, Madrid, Spain June 23-25, 2022
32. San Diego Shoulder Course, San Diego, CA June 15-18, 2022
33. Southern California Fellows Shoulder Course, Irvine, CA, May 6-7, 2022
34. Shoudler 360, Miami, FL, April 28-30, 2022
35. Orthopaedic Summit Evolving Techniques, Las Vegas, NV December 2021
36. ASES Resident Course: Essentials of Shoulder and Elbow Surgery for Residents.
Rosemont, IL, November 20-21, 2021.
37. ASES Resident Course: Essentials of Shoulder and Elbow Surgery for Residents.
Rosemont, IL, November 22-23, 2019.
38. Orthopaedic Summit Evolving Techniques, Las Vegas, NV December 2019
39. ICJR Shoulder Course, Las Vegas, NV, November 2019
40. Cherry Blossom Seminar. Washington DC, March 2019
41. Orthopaedic Summit Evolving Techniques, Las Vegas, NV December 2018
42. ICJR Shoulder Course, Las Vegas, NV November 2018

43. ASES Resident Course: Essentials of Shoulder and Elbow Surgery for Residents. Rosemont, IL January 12-13, 2018.
44. ICJR Shoulder Course, Las Vegas, NV November 2017
45. ASES Resident Course: Essentials of Shoulder and Elbow Surgery for Residents. Rosemont, IL January 27, 2017.
46. Associate Instructor, AANA Advanced Residents Course, OLC 12/2009
47. Associate Instructor, AANA shoulder lab, Palm Desert, CA 11/19/09
48. Associate Instructor, AANA shoulder arthroscopy lab, Phoenix, AZ 11/08
49. AAOS/ASES Open and Arthroscopic Techniques in Shoulder Surgery, Orthopaedic Learning Center, Chicago, IL 1/18/08-1/19/08
50. AAOS/ASES Open and Arthroscopic Techniques in Shoulder Surgery, Orthopaedic Learning Center, Chicago, IL 4/20/07-4/21/07
51. AAOS/ASES The Shoulder: An Arthroscopic Odyssey, Orthopaedic Learning Center, Chicago, IL 7/28-29, 2006
52. AAOS- Open and Arthroscopic Shoulder Surgery, Orthopaedic Learning Center, Chicago, IL 1/22-1/24, 2006

MEDIA INTERVIEWS

1. How innovative fresh osteochondral allografts in orthopedics affect patient care. Becker's ASC Review by Laura Dyrda January 25, 2016
2. "In the Lab: Advances in Knee Surgery." By Karen Ravn, Los Angeles Times, 3/12/07
3. "What the Knee Needs." by Chana R. Schoenberger, Forbes Magazine, 11/13/06
4. "High Speed Healing." by Matt Bean, Men's Health Magazine, 10/06
5. "Your Knees: Care and Maintenance." by Nick Heil, Outside Magazine, 9/06
6. The Hollywood Reporter: Hollywood's Top Doctors Revealed: Exclusive Survey. Sep 10, 2014. Sports Medicine- [Raffy Mirzayan, MD](#)

WEBINARS

1. Navarro RA, Ghahremani J, Jackson K, **Mirzayan R**. "Arthroscopic Treatment of Impingement Lesions: Consideration of the High Level Fast Pitch Softballer," in the *AAOS Sports Elbow Webinar* (Scott Steinmann, Moderator) on Thursday, 7:15 PM to 8:15 PM CST, August 25th, 2022
2. **Mirzayan R**, Sethi P, Sanchez-Sotello J, Abboud JA. Coin Flips and Controversies- Massive Rotator Cuff Tears. Orthobullets. Joseph Abboud, MD, Moderator. March 1, 2022.
3. **Mirzayan R**, Dickens J, Bush-Joseph C, Jazrawi L. Patellar Tendon Ruptures. American Journal of Sports Medicine.. Mary K. Mulcahey, Moderator. September 22, 2021
4. Strauss EJ, Caldwell PE, **Mirzayan R**. Knee Cartilage Restoration. Gomoll AH, Moderator. Arthroscopy Association of North America. November 18, 2020
5. **Mirzayan R**. Biologic Tuberooplasty and Bursal Acromial Resurfacing. ICJR Shoulder Course. Oct 21, 2020.

RESEARCH

PEER-REVIEWED PUBLICATIONS

1. Hurley ET, Glover MA, Lorentz SG, Meyer LE, Garrigues GE, Millett PJ, Namdari S, Rossi L, Waterman BR, Mullett H, Dickens JF, Klifto CS; Rotator Cuff Tear International Consensus Group. Rotator Cuff Consensus Part III: Reverse Total Shoulder Arthroplasty, Revisions, Rehabilitation, and Follow-Up-An International Consensus Expert Statement. *Arthroscopy*. 2026 Sep 15. doi: 10.1002/arj.70367. Online ahead of print. PMID: 42742935
2. **Mirzayan R**, Acevedo DC, Yao JF, Otarodifard KA, Hall M, Singh A. Superior Capsule Reconstruction With Thicker Human Dermal Allograft Leads to Lower Lateral-Sided Graft Tears and Better Functional Outcomes. *Arthroscopy*. 2026 May 10. doi: 10.1002/arj.70208. Online ahead of print. PMID: 42107988
3. Menendez ME, Athwal GS, Lederman E, Denard PJ, Matsen FA 3rd; PacWest Shoulder Study Group. Surgeon variation in the use of pre-operative imaging, 3D-based planning, and enabling technologies in shoulder arthroplasty. *J Shoulder Elb Arthroplast*. 2026 Feb 27;10(1-2):100009. doi: 10.1016/j.jsea.2026.100009. eCollection 2026 Jun. PMID: 41960150
4. **Mirzayan R**, David TS, Griffin JW, Suri M, McCarty LP 3rd, Harrison RJ, Gilot GJ, Stark ES, Bonner KF. Arthroscopic Biologic Tuberopecty With a Dermal Allograft Leads to Significant Improvement in Functional Outcomes in Patients With Massive, Irreparable Rotator Cuff Tears. *Arthroscopy*. 2026 Jan;42(1):108-122. doi: 10.1002/arj.70013. Epub 2026 Feb 27. PMID: 41838573
5. Jaber A, Hurley ET, Dornan G, Nocek M, Fritsch L, Hawryluk CJ, Abdelaal M, Akgün D, Provencher MT, Denard PJ, Millett PJ, International Delphi Group. Infections following Rotator Cuff Repair Infection following Primary Rotator Cuff Repair - Prophylaxis, Diagnosis, and Management - An International Expert Delphi Consensus Statement. *JSES International*. 2026.
6. Luengo-Alonso G, **Mirzayan R**, Oh JH, Bhatia D, Calvo E. Failed Shoulder Instability Surgery: State of the Art. *J ISAKOS*. 2025 Oct 1:101011. doi: 10.1016/j.jisako.2025.101011. Online ahead of print. PMID: 41043714
7. **Mirzayan R**, Chang RN, Royse KE, Reyes CE, Prentice HA, Maletis GB. Is There a Hamstring Autograft Diameter Threshold for Anterior Cruciate Ligament Reconstruction? *Orthop J Sports Med*. 2025 Feb 20;13(2):23259671241305427. doi: 10.1177/23259671241305427. eCollection 2025 Feb. PMID: 40034609

8. **Mirzayan R**, Acevedo DC, Yao JF, Otarodifard KA, Hall M, Suh BD, Singh A. Patients with Graft Tears Leaving the Tuberosity Covered Have Similar Functional Outcomes as Those with an Intact Graft Following Superior Capsule Reconstruction. *Am J Sports Med*. 2024 Oct;52(12):3065-3074. doi: 10.1177/03635465241278358. PMID: 39432391
9. **Mirzayan R**, Itoi E, Karpysyn J, Wong IH, Di Giacomo G. Controversies in Surgical Management of Anterior Shoulder Instability. *State of the Art. J ISAKOS*. 2024 Apr;9(2):168-183. doi: 10.1016/j.jisako.2023.10.008. Epub 2023 Oct 29. PMID: 39388296
10. **Mirzayan R**, Ragheb JM, Jeshion-Nelson K, DeWitt DO, Cruz CA. Fresh Osteochondral Allograft Transplantation of the Capitellum for the Treatment of Osteochondritis Dissecans. *Am J Sports Med*. 2024 Aug;52(10):2620-2627. doi: 10.1177/03635465241262769. Epub 2024 Aug 14. PMID: 39140729
11. Hurley ET, Aman ZS, Doyle TR, Levin JM, Jazrawi LM, Garrigues GE, Namdari S, Hsu JE, Klifto CS, Anakwenze OA, Dickens JF; Posterior Shoulder Instability International Consensus Group. Posterior Shoulder Instability Part II - Glenoid Bone-Grafting, Glenoid Osteotomy, and Rehabilitation/Return to Play - An International Expert Delphi Consensus Statement. *Arthroscopy*. 2024 May 10:S0749-8063(24)00340-2. doi: 10.1016/j.arthro.2024.04.034. PMID: 38735411
12. Hurley ET, Aman ZS, Doyle TR, Levin JM, Jazrawi LM, Garrigues GE, Namdari S, Hsu JE, Klifto CS, Anakwenze O, Dickens JF; Posterior Shoulder Instability International Consensus Group. Posterior Shoulder Instability, Part I-Diagnosis, Nonoperative Management, and Labral Repair for Posterior Shoulder Instability-An International Expert Delphi Consensus Statement. *Arthroscopy*. 2024 May 11:S0749-8063(24)00341-4. doi: 10.1016/j.arthro.2024.04.035. Online ahead of print. PMID: 38735410
13. Hurley ET, Crook BS, Buldo-Licciardi M, Danilkowicz RM, Anakwenze O, **Mirzayan R**, Klifto C, Jazrawi LM. Bone-Marrow Stimulation for Arthroscopic Rotator Cuff Repair: A Meta-Analysis of Randomized Control Trials. *Am J Sports Med*. 2024 Oct;52(12):3167-3172. doi: 10.1177/03635465231213873. Epub 2024 Feb 8. PMID: 38328818
14. **Mirzayan R**, Vega A. Reconstruction of chronic long head of biceps tendon tears with gracilis allograft: report of two cases. *Clin Shoulder Elb*. 2023 Dec 13. doi: 10.5397/cise.2023.00682. PMID: 38147876

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17. Hurley ET, Crook BS, Buldo-Licciardi M, Danilkowicz RM, Anakwenze O, **Mirzayan R**, Klifto C, Jazrawi LM. Acellular Dermal Matrix Augmentation of Arthroscopic Rotator Cuff Repair Reduces Re-Tear Rates: A Meta-Analysis of Randomized Control Trials Arthroscopy. 2023 Oct 8:S0749-8063(23)00801-0. doi: 10.1016/j.arthro.2023.09.025. Online ahead of print. PMID: 37816398
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19. **Mirzayan R**, Chang RN, Royse KE, Prentice HA, Maletis GB. No difference in revision risk between autologous hamstring graft less than 8 mm versus hybrid graft 8 mm or larger in anterior cruciate ligament reconstruction Knee Surg Sports Traumatol Arthrosc. 2023 May 4. doi: 10.1007/s00167-023-07437-5. Online ahead of print. PMID: 37140654
20. **Mirzayan R**. Preliminary Outcomes of Arthroscopic Biologic Tuberooplasty in the Treatment of Massive Irreparable Rotator Cuff Tears Cureus. 2023 Jan 30;15(1):e34402. doi: 10.7759/cureus.34402. eCollection 2023 Jan. PMID: 36733564
21. **Mirzayan R**, Russo F, Yang ST, Lowe N, Shean CJ, Harness NG. Human Amniotic Membrane Wrapping of the Ulnar Nerve During Cubital Tunnel Surgery Reduces Recurrence of Symptoms. Arch Bone Jt Surg. 2022 Nov;10(11):969-975. doi: 10.22038/ABJS.2021.60743.2996. PMID: 36561227

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24. Tabbaa SM, Bugbee WD, Provencher M, Farr J, Crawford DC; on behalf of the Metrics of Osteochondral Allografts (MOCA) Committee. Inconsistent Reporting of Preauthorization Medical Criteria for Osteochondral Allograft Transplantation Surgery. J Bone Joint Surg Am. 2022 Oct 19;104(20):1841-1853. doi: 10.2106/JBJS.21.01191. Epub 2022 Aug 18. PMID: 35984006
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26. Foroohar A, Prentice HA, Burfeind WE, Navarro RA, **Mirzayan R**, Zeltser DW. Radial head arthroplasty: A descriptive study of 970 patients in an integrated healthcare system. J Shoulder Elbow Surg. 2022 Jan 27:S1058-2746(22)00159-8. doi: 10.1016/j.jse.2021.12.034. PMID: 35093522
27. **Mirzayan R**, Acevedo DC, Sidell MA, Otarodi KA, Hall MP, Suh BD, Singh A. Classification system of graft tears following superior capsule reconstruction. Clin Imaging. 2021 Dec 11;83:11-15. doi: 10.1016/j.clinimag.2021.11.035. PMID: 34923361
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29. **Mirzayan R**, Mills ES. Chronic Distal Biceps Tendon Tear Reconstruction with Tibialis Anterior Allograft. Arthrosc Tech. 2021 Jul 13;10(8):e1935-e1941. doi: 10.1016/j.eats.2021.04.017. eCollection 2021 Aug. PMID: 34401236

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31. **Mirzayan R**, Syed SP, Shean CJ. Dissection of an Ulnar Nerve Previously Transposed and Wrapped with Human Amniotic Membrane: A Report of 3 Cases. *JBJS Case Connect*. 2021 Jul 28;11(3). PMID: 34319920
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35. **Mirzayan R**, Schoell K, Acevedo DC, Singh A. Ulnar Collateral Ligament Reconstruction of the Elbow With Double Suspensory Fixation. *Arthroscopy Techniques* 2021 Jan 16;10(2):e303-e309. doi: 10.1016/j.eats.2020.10.008. eCollection 2021 Feb. PMID: 33680760
36. **Mirzayan R**, Hill PS, Batech M, Suh BD, Dewitt DO, Heckmann N. The “Empty Merchant Sign” in Acute Patellar Tendon Ruptures. *Clin Imaging*. 2021 Feb;70:25-32. doi: 10.1016/j.clinimag.2020.09.015. Epub 2020 Oct 18. PMID: 33120286
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ABSTRACTS

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POSTERS

1. **Mirzayan R**, David T, Griffin J, Suri M, McCarty P, Harrison R, Gilot G, Bonner K. Arthroscopic Biologic TuberoPlasty with a Dermal Allograft in the Treatment of Massive Rotator Cuff Tears. ASSES Annual Meeting, San Antonio, TX October 17, 2024
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